

Cellulite Treatment

Fact Sheet

What is Cellulite?

Cellulite is a common term used to describe superficial pockets of trapped fat, which cause uneven dimpling or “orange peel” skin. It appears in 90 percent of post-adolescent women and is rarely seen in men. Cellulite is typically found in the thighs, buttocks, and abdomen. Contrary to popular belief, cellulite is not related to obesity, since it occurs in overweight, normal, and thin women.

What causes Cellulite?

Special importance is placed on hormonal factors since cellulite develops mainly in women during periods of hormonal change, such as puberty, pregnancy, menopause, premenstrual syndrome, and the initial months on birth control pills. Hormones are responsible for regulating the changes in blood flow, lymphatic drainage, fat, and connective tissue, all of which play a role in the formation of cellulite.



How does Cellulite Form?

Cellulite forms as a result of complex physiological changes to the subcutaneous fat layer. However, without a healthy lifestyle, the overall appearance of existing cellulite can worsen over time due to weight gain, poor nutrition, and inadequate water intake.

What Treatments are Available?

Cellulite can continue to develop as we age. The primary function of treatment is to improve the appearance of cellulite by enhancing skin tone, tightening skin, breaking down connective tissue bands that “pull” on the overlying skin, and promoting lymphatic drainage. An integrated approach to cellulite is probably best of all.

At Rejuvenate! Med Spa, we offer several tools to help clients address their cellulite concerns. Some of the popular treatments for cellulite include the following:

- The clinically proven MedSculpt Cellulite Smoothing treatment to effectively treat cellulite.
- Smartlipo, LipoDissolve and Tumescant Liposuction have all been used to shape the appearance of accumulated fat layers and cellulite. However, the primary function of these procedures is to remove localized fat areas, and they are not cellulite-specific treatment modalities.
- Creams and gels such as Xanthines, Retinoids, and Alpha Hydroxy Acids may work to increase the exfoliation process which regenerates new tightened skin. However, creams and gels are not FDA approved for cellulite removal and their effectiveness is unpredictable.
- Maintaining a healthy lifestyle and proper weight has been thought to impact the appearance of cellulite as well. An increase in volume within the fat layers can magnify the appearance of existing dimples. Cellulite cannot be eliminated or effectively reduced solely by diet and exercise, but diet and exercise can render cellulite more responsive to other recognized methods of cellulite reduction.



rejuvenate!

med spa | cosmetic surgery | luxury spa

toll free: 866.594.5476

info@rejuvenate-medspa.com

rejuvenate-medspa.com

Cellulite Treatment

Fact Sheet

What is MedSculpt Cellulite Smoothing?

The Italian-engineered MedSculpt represents a new approach to cellulite treatment. The MedSculpt uses a computerized ultrasound and mechanical elastomeric massage technology that helps to break down cellulite fibers and thus reduce the dimpling effect often associated with cellulite.

Is MedSculpt Cellulite Smoothing painful?

The treatment feels similar to a deep-tissue massage. You will feel the warmth of the ultrasound and the strong suction & massage on your skin, but it should not be painful.



How many treatments are required for best results?

The recommended treatment protocol is 2 treatments each week for 8 weeks for a total of 16 treatments.

A maintenance treatment is recommended every 4 to 8 weeks.

Are there risks involved with MedSculpt Cellulite Smoothing?

Side effects are rare, but may include bruising or tender skin after treatments.

What kind of results can I expect to see?

You will see the best results if you are already on an exercise program, following a healthy diet, and drinking at least 64 oz. of water per day. These treatments are not meant for weight loss or for patients who do not live a healthy lifestyle and they may not work for everyone.

Are the results of MedSculpt Cellulite Smoothing guaranteed?

Many clients have enjoyed good results with these treatments. However, as with any medical procedure, there is no way to know exactly how your body will respond to treatment and therefore we cannot predict or guarantee your results.

Are the results of these Cellulite Smoothing treatments permanent?

The amount of time and the degree to which the results last depends on your own body and how you take care of your body during and after treatments. Generally, after your initial set of treatments, it is recommended that you have a maintenance treatment every 4 to 8 weeks.

How do I book treatment?

Call Rejuvenate! Med Spa today at 866.594.5476 for a free consultation.

We will then arrange a treatment session that seamlessly fits into your schedule.



rejuvenate!

med spa | cosmetic surgery | luxury spa

toll free: 866.594.5476

info@rejuvenate-medspa.com

rejuvenate-medspa.com