

TrueHair™ - Surgical Hair Restoration

Fact Sheet

How long does a hair transplant procedure take?

It depends on the number of hair grafts that are transplanted and usually ranges from 5 to 8 hours.

Am I awake during the procedure?

Yes. A local anesthetic is used to numb the scalp, allowing you to read, listen to music, watch television or sleep.

Is a hair transplant painful?

One of the main goals of the TrueHair™ program is to provide excellent treatment with minimal discomfort. With the state-of-the-art anesthetic techniques used, the fear of pain should not be an issue that deters you from going ahead with surgical hair restoration. It is a very well-tolerated procedure, both during and after the surgery.

Do the transplanted hairs grow?

Yes. After overcoming the initial stress of transplantation, the transplanted hair continues to grow as if it was still in the back of the scalp.

I was told the newly transplanted hairs would fall out. Is this true?

Yes. Within 10 days to 2 weeks following the procedure, the newly transplanted hairs fall out. The follicles, which produce future hairs, remain intact and start to produce new hair after adapting to their new surroundings. The full result takes 6 to 12 months.

What do the new hairs look like?

They will look like your normal hair when they grow in.

What do I look like after the surgery? Can I go to work the next day?

For the first 24 hours after surgery, we bandage the scalp with a gauze wrap. After the bandage is removed, the scalp will have some redness and scabbing on the areas where the grafts were transplanted. These should heal within 4 to 5 days. Most patients who have a procedure on Thursday or Friday return to work by Monday or Tuesday the following week. If you don't mind people seeing that you've had a transplant, or can wear a hat, you can return to work the next day.



A Immediately after transplantation. B After 1 month.

C After 1 year.

What are some alternatives to hair transplantation?

There are several non-surgical hair replacement options. These include: hairpieces, cosmetics for the scalp, minoxidil (Rogaine®), a topical solution, and finasteride (Propecia®), an oral medication for hair loss. We recommend minoxidil and finasteride in addition to the surgical treatment in almost all male patients and minoxidil for female patients.



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What causes hair loss?

It is caused by genetics, which can be attributed to the mother or father, and hormones, specifically testosterone and dihydrotestosterone (DHT).

Can women undergo hair transplantation?

Many women are well suited for hair transplantation and benefit greatly from it. Hair transplantation can also restore thinning eyebrows, a common problem for women.

What are the most common complications from a hair transplant?

The side effect we see most, although not often, is folliculitis. This occurs after a transplant begins to grow and presents itself as ingrown hairs. It is accompanied by redness and bumps that resemble pimples. Occasionally, we also get reports of nausea from pain medication and swelling around the forehead region. Occasionally, we also see loss of hair that is close to the newly transplanted hair. This is called "shock loss", or in medical terms, "post-surgical effluvium". These hairs almost always re-grow along with the newly transplanted hair.



This magnified photo of natural hair shows the random pattern of the hair follicles and the variation of number of hairs per follicular unit.

How much does a transplant cost?

Procedures are priced according to an individual analysis of each patient. We analyze the patient's hair loss using a Zone Approach, and couple that knowledge with the patient's wishes and the availability of transplantable hair. This analysis results in a unique recommendation for each patient, and the cost is then calculated on a per hair basis. The cost of the treatment varies widely from patient to patient depending on the amount of loss, how much hair the patient can spare for transplantation, and the hair density and extent of coverage desired. Our initial consults are free of charge, and a treatment plan and price are established as a result of that initial consultation process.

I had a hair transplant 20 years ago. I have large grafts containing 8 to 12 hairs. Is there any way I can get a more natural appearance?

Much of today's hair restoration practice involves repairing older graft procedures. Our team of experts offer a repertoire of treatment options to "rejuvenate" an unsatisfactory hair transplant.

If modern hair transplantation is so natural looking, why doesn't everyone losing hair get a transplant?

Many reasons. The general population is largely unaware of the advancements in the field and do not realize the coverage and natural appearance that are attainable. For some people cost is an issue. Others have "learned to live with it", while others actually like their bald look—and some even purposely create an artificial bald look. Many people are simply not great candidates for the procedure for many reasons, such as extensive loss, not enough loss, poor quality donor hair or unrealistic expectations.



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What is Follicular Unit Extraction (FUE)?

Follicular Unit Extraction is a technique in which hair follicles are extracted from the donor area using a surgical instrument such as a biopsy "punch". The skin and hair follicle are removed, with no staples or stitches closing the wound. It is a very intricate procedure; it can take up to 4 hours to perform 300 FUE grafts, and it usually leaves small scars where the hair has been harvested. At Rejuvenate! we are skilled in this technique but use it only selectively.

What is a follicular unit (FU)?

A follicular unit is a piece of tissue containing one follicle of hair. Some follicles contain only one hair shaft while others may contain 2 to 5 hairs. The follicle is the structure that produces hair.

Where are follicular units placed?

All follicular unit grafts containing one hair are placed in the frontal hairline, while grafts containing 2 or more hairs are transplanted into the mid-scalp. This helps us achieve a completely natural look.



Harvested follicular units.

Can I wear a hairpiece following a transplant to cover the area during healing?

The density of a hairpiece will always be greater than the density of a natural looking hair transplant. If a patient wants to stop wearing a hairpiece and transition to a hair transplant, it will not be a seamless transformation. We encourage our patients to discontinue wearing their hairpieces prior to surgery. They can then become more accepting of their hair loss and have realistic expectations of their final result. We also discourage wearing a hairpiece following the procedure, as scalp infections or yeast can develop under the hairpiece.

Why is hair volume so important?

Hair volume, or the "body" your hair possesses, is important. The greater the volume, the more scalp coverage we can achieve. Someone with fine, limp hair will achieve a satisfactory result from a hair transplant, but someone with full, large-caliber, curly hair will achieve an excellent result.

Which hair restoration technique is best?

Today's techniques are much different from transplant procedures of the past. Most physicians employ a similar technique: a strip of tissue is removed from the donor area, it is cut into follicular unit grafts and transplanted into the area of loss. The most important considerations then become the surgeon's philosophy on hair transplantation and the technician's skill. Highly skilled technicians are invaluable to hair transplant surgery. Continued training and consistent work on restoration surgeries keep their skills honed. A physician should always perform surgery expecting future hair loss. Your result should look natural and aesthetically pleasing 20 years or more after the initial transplant.

How do I book treatment?

Call Rejuvenate! Med Spa today at 866.594.5476 for a free consultation. We will then arrange a treatment session that seamlessly fits into your schedule.



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