

Light Therapy

Fact Sheet

Why Light Therapy?

The Light Therapy offered at Rejuvenate! Med Spa was developed to ensure safe and effective skin care treatments for all skin types in a truly natural way. Our light treatments are painless, safe, non-invasive, and non-abrasive.

What are the benefits of Light Therapy?

Each wavelength of light offers a unique effect and an exceptional treatment experience.

- Red- Rejuvenating
- Orange- Vitalizing
- Yellow- Toning
- Green- Calming
- Aqua- Activating
- Blue- Relaxing
- Violet- Purifying



What areas of the body are treated with Rejuvenate! Light Therapy?

The face and neck are commonly and effectively treated.

How many treatments?

Your skin care specialist at Rejuvenate! will recommend the right therapy type and length in accordance with your skin condition, skin type, and tone. Most clients get best results with 8 to 12 treatments over a period of several weeks.

What about maintenance?

As with any other skincare treatment, maintenance is highly recommended to ensure lasting results. On average, we recommend one maintenance treatment every 6 to 12 weeks.

How soon can I expect to see results?

You can expect smoother more hydrated skin with natural radiant sheen after the first treatment. Cumulative results, maintenance treatments, and an effective at home skin care regimen are very important to your ultimate long-term results.

Does the skin feel different?

The treatments and results begin within the skin, at the cellular level. After the first treatment the skin feels tighter and more alive. Due to increased circulation, oxygenation and moisture, most clients will notice an increased firmness and a healthy glow.

Are there any side effects?

The Max 7 technology that we use is safe and effective for all skin types, ethnic and age groups. These treatments have no undesirable side effects and no downtime. The treatments are gentle, painless, safe, non-invasive and non-abrasive. No infra-red or ultra-violet light is used.

How do I book treatment?

Call Rejuvenate! Med Spa today at 866.594.5476 for a free consultation.

We will then arrange a treatment session that seamlessly fits into your schedule.



rejuvenate!

med spa | cosmetic surgery | luxury spa

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